Dear parents, carers and friends of St Michael’s,

Last Tuesday, our teaching staff gathered for a twilight professional development session led by Br Damien Price on understanding Catholic Social Teachings. Br Damien remarked that the Church’s Social Teachings were not the first thing people thought of when you mentioned Church teachings and in fact were often described as the Catholic Church’s best kept secret.

The six major categories of these social teachings and the key questions around them according to the Caritas website (www.caritas.org.au) are:

1. **Preferential option for the poor**: What is Justice for the poor? Caring for the poor is everyone’s responsibility. Preferential care should be shown to poor and vulnerable people, whose needs and rights are given special attention in God’s eyes.

2. **Dignity of the Human Person**: How is dignity upheld? The dignity of every person, independent of ethnicity, creed, gender, sexuality, age or ability, is the foundation of Catholic Social Teaching. No human being should have their dignity or freedom compromised. Poverty, hunger, oppression and injustice make it impossible to live a life commensurate with this dignity.

3. **Stewardship of Creation**: How do I show respect for creation? The earth and all life on it are part of God’s creation. We are called to respect this gift. We are responsible for taking care of the world we live in and for sharing all the wonders and resources the earth gives us. Our changing environment prompts us to stop and think about how we live on our planet. We are called to respond and to adopt new ways of living as Pope Francis highlights in his encyclical, *Laudato Si*: *On the Care of our Common Home*. It is the world’s poorest communities who are most affected by changes to our planet.

4. **Subsidiarity and Participation**: How can we contribute to a more just and fair world? All people have the right to participate in decisions that affect their lives. Subsidiarity requires that decisions are made by the people closest and most affected by the issues and concerns of the community.

5. **The Common Good**: What is ‘true community’? The common good is reached when we work together to improve the wellbeing of people in our society and the wider world. The rights of the individual to personal possessions and community resources must be balanced with the needs of the disadvantaged and dispossessed.

6. **Solidarity**: What is authentic power? Everyone belongs to one human family, regardless of their national, religious, ethnic, economic, political and ideological differences. Everyone has an obligation to promote the rights and development of all peoples across communities, nations, and the world, irrespective of national boundaries.

For me, the summation of our Social Teachings is found in the second part of Christ’s greatest commandment, “Love your neighbour as you love yourself” from Matthew 22:36-40.

“Teacher,” he asked, “which is the most important commandment in the Law?” Jesus replied, “Love the Lord your God with all your heart and with all your soul. Love him with all your mind.’ This is the first and most important commandment. And the second is like it. ‘Love your neighbour as you love yourself.’ Everything that is written in the Law and the Prophets is based on these two commandments.”
Last week we announced the students selected for our Year 10 Uluru Academic Excellence camp. I would like to thank our P&F for again supporting this venture. There were a huge number of entries for our Administration team to compare against a number of criteria. I met with and congratulated all of the students who had applied for this wonderful opportunity and Mrs Trueman explained how the selection processes worked.

I would like to congratulate those who were selected for this trip: Isabella Boff, Matthew Bowen, Ella Buttigieg, Laura-Jane Cashman, Shauna Cassidy, Lachlan Heam, Mitchell Hennessy, Abbey Hermann, Jessica Morcan, Emily Newman-Pace, Mitchell Roberts, Elliana Slade, Bradley Veric, Alexandra Vitelli.

Our Deputy, Mr Stephen Eisenhuth will go on medical leave from this week until the end of the term. We wish him all the best as he undergoes surgery and also offer our prayers for a speedy recovery. During Mr Eisenhuth's absence, Mrs Kathryn Janovsky will be our acting Deputy, Mrs Lisa Smith will step up as acting Assistant Principal (Student Welfare) and will oversee student pastoral care & behaviour. Mr Corbin Levick will take over as our Year 12 Pastoral & Shannon House Leader. I thank all families for their prayers and understanding.

Yours in Christ
Mr Michael Nayler
Principal

Message from the DEPUTY PRINCIPAL

Annual Deputy Principal Conference
Last week I attended this Conference in Mooloolaba and enjoyed a great professional learning experience for my continued commitment to Catholic school leadership. One inspiring keynote presenter, Mr Dan Haeslar, a contemporary educational researcher walked us through the concept of ‘Growth Mindsets’ v ‘Fixed Mindsets’ in regard to the learner as both the student and teacher. All research acknowledges that every student regardless of background or socio economic status comes to school with a unique story but all with a capacity to increase their intelligence. This is fundamental to a ‘growth mindset’.

A growth mindset is based on the incremental theory of intellect. A growth mindset learner (and this includes both students and teachers) will seek out and embrace challenge, persist in the face of setbacks, revels in the struggle, learns from feedback and critique and, are inspired by the success of others. Current research shows that struggle is one of the most powerful learning tool as opposed to; if I don't learn it quickly than I'm not smart – thus relating to a fixed mindset believing that we are born with a specific intellect. This can be quite limiting in contemporary learning circles. A simple example given for a fixed mindset would say that; a person in their 50’s could not learn guitar. But in fact, with the elements of adopting a growth mindset of being open to challenge, persistence and perseverance, welcoming constructive critique and feedback and being a learner of resilience, success is very much possible.

It is refreshing to know that growth mindsets are perfectly aligned to our curriculum framework that is focused on developing self-directed and responsible learners where we can learn by making mistakes rather than just being satisfied by getting things right. Research has shown that having only a fixed mindset to learning can lead to the learner being afraid of challenge and in fact will in time avoid challenge and hence improvement in learning. All very positive food for thought for inspiring lifelong learning.

Student Leadership 2017
Last week the formal process of electing badged Student Leaders for 2017 commenced. It is emphasised from the outset that all Year 12 students are school leaders and that elected badged leaders will be in a privileged position of being servant leaders to our community next year. It was wonderful to the large number of applications submitted form the cohort and the shortlisting process has taken place to give 32 students the opportunity to present speeches to the cohort over the next 2 weeks. This will be followed by staff and student voting and then final interviews prior to naming the 21 leaders for 2017.

We thank and congratulate in advance all students who have put their name forward for leadership with the knowledge that there will be disappointment for some students. However, we are confident that we will form a quality leadership group for a united and committed approach to honouring and living the pillar of Justice (the final pillar in our 6 year cycle) next year.

Best wishes to all families for the coming week.

Mr Stephen Eisenhuth
Deputy Principal
"QCS" sung to the tune of “Geronimo”
Can you feel it?
QCS is back! We can kill it.
We will get things right,
We can see it
- Our results -will be wonderful!

It is almost 12 months since our graduating class of 2015 performed this song at their QCS assembly and now it is just 2 weeks until our 2016 graduands will be sitting the Queensland Core Skills (QCS) Test, along with all Year 12 students across the state. The testing occurs on Tuesday 30th and Wednesday 31st August. The QCS Test is the most influential test that these students will sit in all their time at school. I appreciate, that at this crucial time, many parents are seeking ways in which to actively support their Year 12 student. I am writing to suggest a number of practical ways in which you can assist and support your student before and during these two important days. The points listed are a guide, for you and your student to consider together:

1. If your student has a part-time job notify employer of their unavailability on the days leading up and during the test time. This is so important.
2. Encourage the purchase of test equipment that is needed for all 4 papers. Students will be issued with an equipment list on Tuesday August 16.
3. Encourage your student not to work long hours on school work on the long weekend prior to the test. This may be easy for some students! There isn’t any assignment or test more important than the QCS Test.
4. On the weekend prior to the testing (and this is the difficult one) encourage your student to get up at much the same time that they will need to do on the two Core Skills test days, and to limit social activities. This is needed in order to get into a familiar routine. Late mornings and late nights are the poorest possible preparation for the QCS days.
5. Plan the transport arrangements to and from school for the 2 QCS days. Plan a stress-free early arrival at school. Testing times will be distributed to students in the coming days.

Last piece of advice: Ensure that a positive attitude, plenty of energy, a clear mind, correct equipment and a bottle of water are brought to school on these days.

Good luck Year 12s, your preparation will put you in good stead for success.
Leonie Trueman
APSS

Message from the RESOURCE CENTRE

Olympic Games
We began our celebrations of the 2016 Olympic Games this week with a library display and daily competition. Students and staff have been partaking in our daily events. Winners of the competition so far include Elliot Mackay, Jonty Zarew and Aidan Luchs. Well done!

Premier's Reading Challenge
Just a reminder to all Year 8 students to keep reading constantly in order to reach the target of having completed 15 books by Friday August 26. Please use SSR and any spare time you have during LEAP, as well as at home to reach your target. You must make sure that you show each book you read to your pastoral teacher so that he/she can record this for you on your Premier's Reading Challenge form. There will be prizes for all students who reach the 15 book target by due date.

Please click on the following link to access our exciting selection of Latest Reads. As this is a protected site, students may need to login, using their network username and password. If you can’t find what you’re looking for here, why not access Best Reads Ever for the genre of your choice. This collection is updated weekly and allows students to search for new fiction and non-fiction of interest.

For our parents, our Book of the Week is entitled “Sing You Home” by Jodi Picoult.

Narelle Flanagan
Teacher-Librarian
**Message from the COLLEGE COUNSELLOR**

**Teen Topics**

**Depression**
We all have our good and not-so-good days. Everyone feels angry or sad at times. It is part of being human. Depression, however, is not just going through a tough time. A teenager is showing the symptoms of depression when they feel sad, down and miserable most of the time and find it hard to cope from day to day. They typically lose interest in things they used to enjoy, seem to have less energy, find it difficult to concentrate, have trouble eating and sleeping, have low self-esteem, and seem to have little enjoyment in their lives.

**What to do**
Depression usually results from problems of loss. It is important not to ignore your teenager’s feelings with comments such ‘wake up to yourself, you are worrying about nothing’. This is likely to make them feel that no-one understands them and that they are alone in the world. Be available for them and take time to listen when they want to talk about their feelings, and strengthen their self-esteem by encouraging them to do things they know they are good at or enjoy and talk to someone they trust such as a friend, family member, teacher or school counsellor. If you are concerned your teenager is not responding to attempts to help them fight the depression then seek professional help. If your teenager feels they don’t need help, tell them that you are concerned and need help to cope and you want them to come with you to see someone.

Please do not hesitate to contact the College Counsellors if we can assist in ensuring the wellbeing of your teenager.
Email: counsellor@stmichaels.qld.edu.au or phone 0438 184 994.

With best wishes
Jeff
Dr.J.Kemp J.P.(Qual), Churchill Fellow
College Counsellor

“Be Kind whenever possible. It is always possible.” The 13th Dalai Lama.

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**Message from the HPE FACULTY**

**What’s going on?**
Year 12 HPE students have submitted their drafts. They should use the feedback to finalise their multi-modal assignments.

Year 9 HPE students are preparing for their test on fitness components and types of training.

Year 7 and 8 HPE students are finalising the theoretical component for this term. Please bring PE clothes to each lesson for the remainder of the term.

**Gym**
Parents and students are reminded that the gym is open on a Tuesday and Thursday afternoon, 3:00pm – 4:00pm. Students are asked to bring a full change of clothes, a towel and water bottle to every gym session.

**Healthy Hints**
If you decide to take up biking, the proper height of the seat should be so that your knees are slightly bent when the pedal are closest to the ground.

Clinton Daddy
HPE Faculty Leader

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**SNOW TRIP 2016**

A reminder that the final Snow Trip instalment is due this week and can be paid via direct deposit details shown below.

Account: SMC Snow Trip
A/C #: 721224600
BSB: 637-000

**Snow trip meeting:** We are having our pre-trip meeting this Wednesday August 17, in the College Chapel. The meeting will start at 6:00pm and finish by 6:30pm. Students and parents/guardians are expected to be in attendance. Please contact Mr Ford if you are unable to attend so other arrangements can be made.

Rob Ford
GOLD COAST ORAL HEALTH (DENTAL) SERVICES

Gold Coast Oral Health Services are offering free dental check-ups to students enrolled at St Michael's College.

This service will be provided off-site by Mobile Dental Van 61 located at Merrimac State School. Hours of operation for this clinic are Monday – Thursday 8:00am to 4:00pm.

To arrange an appointment for your child telephone:

The Oral Health Client Service Centre
1300 300 850
Monday – Friday 8.00 am – 4.30 pm
Excluding Public Holidays

Child Dental Benefit Schedule Vouchers are accepted. When your child’s $1000 cap is reached, there will be no out-of-pocket expenses provided your child meets *eligibility criteria.

* Eligibility – All Queensland resident children aged four years or older who have not completed year 10 of secondary school.

Further information on public funded oral health services can be accessed via URL: http://www.health.qld.gov.au/goldcoasthealth/html/services/oralhealth.asp

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<tr>
<th>TUCKSHOP ROSTER</th>
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<tbody>
<tr>
<td>Monday August 15</td>
<td>Tuesday August 16</td>
<td>Wednesday August 17</td>
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<tr>
<td>Amanda Adamson</td>
<td>Sue Gardener</td>
<td>Debbie Falconer</td>
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<tr>
<td>Chris Ewings</td>
<td>Trudy Corrigan</td>
<td>Jenny Harding</td>
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<tr>
<td>Thursday August 18</td>
<td>Friday August 19</td>
<td>Monday August 22</td>
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<tr>
<td>Jenny Harding</td>
<td>Susan Bright</td>
<td>Vicki Boevink</td>
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<tr>
<td>Veronica McCann</td>
<td>Deb Thompson</td>
<td>Jackie Hicks</td>
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Expressions Evening 2016 presents

Dancing through time

Gold Coin Donation at the door

When: 24th of August.

Time: Junior Performance from 4:30pm, Live Music and Art Work from 5:00pm, Staff Act Followed by Production at 6:00pm.
Message from **STUDENT SERVICES**

**2017 DIRECT ENTRY APPLICATION – TAFE QUEENSLAND**
The Direct Entry Application has arrived! All Year 12 students who are interested in securing an early place in a TAFE Diploma program, commencing Semester 1, 2017 are strongly encouraged to apply. To secure an early placement into any Diploma program students will need to apply online at www.studentrego.com (CODE-TAFE6).

**Applications open online on 29 July 2016 and will close on 9 September 2016.**
Students are also encouraged to apply for a TAFE Queensland Scholarship. For more information or to apply for a Scholarship please visit [http://www.scholarships.tafeqld.edu.au/](http://www.scholarships.tafeqld.edu.au/).

**APPLICATIONS FOR THE AUSTRALIAN DEFENCE FORCE GAP YEAR 2017 ARE NOW OPEN**
A Gap Year in the Australian Defence Force is a great way to get a feel for an exciting career in the Navy, Army or Air Force, while gaining life skills, making new friends and developing leadership qualities you can take anywhere. Choose from a number of Gap Year roles.

**Applications are only open for a limited time, until numbers have been filled, so don’t miss out!**
Applicants must have completed Year 12 and be aged between 18 & 24 years old as of 1 April 2017 (Navy), 31 May 2017 (Army) or 7 April 2017 (Air Force).

**BRISBANE/QUEENSLAND OPEN DAYS – AUGUST 2016**
- **University of Queensland (UQ) Gatton Campus** is hosting an Open Day on Sunday, 21 August from 9.30am-3pm.
- **University of Southern Queensland (USQ)** are holding two Open Days at Ipswich and Springfield. The Ipswich campus will be Open between 10am – 1pm, and the Springfield Campus will be hosting an Open Day between 10am-2pm on Sunday 21 August. Visit [usq.edu.au](http://usq.edu.au) for more information.
- **Southern Cross University (SCU)** invites students in Year 11 and 12 to attend the annual SCU Careers in Health Day on Tuesday 23 August 2016, from 9.45am – 2pm. Students will join SCU academic staff and students in eight different interactive laboratory workshops to explore study options and careers in Clinical Sciences, Midwifery, Nursing, Occupational Therapy, Pedorthics, Speech Pathology and Sport and Exercise Science. Registration is essential, please see Mr Esdale in Student Services for further information.
- **Southern Cross University (SCU)** is opening the campus on Thursday, 25 August to any year 11 or 12 students who are interested in finding out more about careers in media, music, visual arts and creative writing. Students are invited to participate in four interactive workshops, join academic staff and current students to explore career and study options. Students interested in attending this free event should see Mr Esdale in Student Services.

**SAVE THE DATE – Southern Cross University Gold Coast Campus (SCU)** is hosting a parent information evening at 5pm on Thursday, 1 September, and invites all parents of Year 12 students to an insightful evening on the transition from high school to university. Guest speakers will cover information on the application and enrolment process, careers, student support, costs, scholarships and more. For registration and further details please contact Lucinda Crews, 07 5589 3015 or lucinda.crews@scu.edu.au

**TAFE GOLD COAST – MID YEAR INTAKE**
TAFE Queensland Gold Coast is accepting Expressions of Interest for mid-year entry into various Schools Programs across a diverse range of study areas. This program allows you to fast track your career by completing a Certificate qualification and gaining points towards your QCE.

**TAFE AT SCHOOL 2017 COURSES**
TAFE Queensland would like to announce that applications are now open for 2017 courses. Many wonderful opportunities for students on a VET pathway. Please see our Student Services Notice Board for all courses available and pop in and see us with any enquiries. Applications can be done online at www.studentrego.com (Code-TAFE7).

**INTRODUCTION TO VETERINARY NURSING**
TAFE Gold Coast are offering an Introduction to Veterinary Nursing course for students over the age of 15 who would like an insider’s overview of life as a Veterinary Nurse. Conveniently spaced over four evenings and finishing with a behind the scenes tour of an Oxenford Veterinary Clinic. For more information please contact Student Services or call TAFE Queensland Gold Coast Customer Service on 07 5581 8300.

**2016 AVIATION CAREERS EXPO**
The 2016 Aviation Careers Expo is back for its 16th year, offering aspiring aviation professionals the chance to get one step closer to their dream career in the sky. The expo is being held at Brisbane Airport on Saturday 20 August 2016 from 10am until 4pm. The event is free to attend however you must register to obtain a ticket for entry at [www.eventbrite.com.au](http://www.eventbrite.com.au) searching for ‘2016 Aviation Careers’. There are also cabin crew information sessions being held on Wednesday 20 July and 24 August from 6.30pm – 8.30pm. This is also free entry and you will need to register to receive a ticket, searching for ‘Brisbane Cabin Crew Careers Session’.
WHITE CHRISTMAS HIGH SCHOOL PROGRAM
Are you 14-18 years old and would like to go on a cultural exchange? Would you like to live in another country or speak another language? If yes, CAMPUS EDUCATION AUSTRALIA (CEA) are offering overseas programs and language group tours. Please see the Student Services bulletin board for more details or visit www.campus.com.au.

PRESTIGE SERVICE TRAINING
Prestige Service Training are offering a Diploma in Business and Certificate III in Information, Digital Media & Technology during school hours. For more information please see Student Services or learnmore@pst.edu.au.

PRESTIGE SERVICE TRAINING SCHOOL BASED TRAINEESHIPS

**Cert III Hospitality:**
The Coffee Club, Springwood
Soul Origin, Pacific Fair
The Press Café, Coomera Waters
Zarraffa's Coffee, Hope Island, Runaway Bay
Crema Espresso, Q1 Building Surfers Paradise
Gloria Jeans, Varsity Lakes
Burleigh Sports Club, Burleigh
Little Elm Café, Ormeau
Hoppy's Handwash Café, Southport
Good Bean Café, Southport
Hudson's Café, John Flynn Hospital - Tugun
Currumbin Wildlife Sanctuary
Coolibah Downs Private Estate, Mt Nathan
Coomera Roadhouse Café, Coomera
The Coolabah Tree Café, Stapylton, Waterford West
Michel's Patisserie, Springwood
Crying Tiger, Helensvale Night Quarter Markets
Four Beans, Ormeau

**Cert III Business Admin:**
Prestige Service Training, Southport:
Rare opportunity for Year 12 Students wanting a career in administration. Prestige Service Training at Southport is offering a School Based Traineeship which will convert to an ongoing position next year.
Real Estate by Kylie, Burleigh Heads
Willow Vale Gourmet Co, Coomera
Mad About Life Risk Advice, Clear Island Waters
Gold Coast Junior Rugby League Club, Mudgeeraba

**Cert III Business Retail:**
Greenbank Newsagency, Greenbank
Lenards Chicken, Logan Hyperdome
Lucky Dragon Newsagency, Australia Fair, Southport
Surfboard Warehouse, Palm Beach, Miami
Bub's Baby Shop, Logan Mega Centre

BUSY AT WORK SCHOOL BASED TRAINEESHIPS

**Cert III Hospitality:**
Gloria Jean's Coffeee, Surfers Paradise
Hoppy's Handwash Café, Southport
Coomera Roadhouse Café, Coomera
Currumbin Wildlife Sanctuary
Hudson’s Café, Jogn Flynn Hospital
The Coolabah Tree Café, Stapylton
Good Bean Café, Southport
Don Miguel’s, Southport
Hoppy's Handwash Café, Mermaid Beach & Southport

**Cert III Business Administration:**
Layter & Laccounting, Bundall

**Cert III Business Retail:**
Lucky Dragon Newsagency, Australia Fair
Wild Cards and Gifts, Pacific Fair

**Cert III Business:**
News Agency, West Helensvale

**Cert III Retail Operations:**
Noodle Box, Arundel, Pacific Pines, Southport, Biggera Waters, Benowa, Coolangatta, Arundel, Pacific Pines
Burgered, Arundel, Pacific Pines

**Cert II Warehousing Operations:**
Reece Plumbing, Nerang

IGNITE EDUCATION HOSPITALITY SCHOOL BASED TRAINEESHIPS

**Cert III Hospitality:**
Crema Espresso, Pacific Fair
Bumbles Café, Budds Beach
Blackboard Café, Varsity
BSKT, Mermaid
Koffee Shack, Burleigh Heads
Crema Espresso, Robina Town Centre, The Pines, Broadbeach
Latitude 28, Surfers Paradise
Surfers Beach Café, Surfers Paradise
Zarraffas, Tugan, Helensvale
Crust Pizza, Surfers Paradise
Alleygators Rugby, Currumbin

**Cert III Business:**
Account For It, Palm Beach

AURORA TRAINING INSTITUTE
Are you interested in doing an RSA course? Aurora Training Institute are offering a workshop at their Robina office.
Thursday 1st September 2016.
6:00pm-9:00pm at a cost of $50.
Please see Student Services for more details.

AURORA SCHOOL BASED TRAINEESHIPS

**Cert III Commercial Cookery:**
Finders Keepers Bar, Burleigh Heads

**Cert III Hospitality:**
Gloria Jeans Drive Thru, Robina
Le Café Enchante, Coolangatta California Tacos, Burleigh Heads
The French Lantern, Hope Island
Koncubine, Chirn Park Southport
Loca Café, Hope Island
Julius Meinl Coffee, Main Beach
Harrigan's Drift Inn, Jacob's Well
Subway, Runaway Bay, Coomera, Westfield Helensvale, Australia Fair, Carrara, Harbour Town, Main Beach, Worongary, Palm Beach, Hope Island, Surfers Paradise
Zarraffa’s, Runaway Bay
Burger Bro, Upper Coomera
Michele’s Patisserie, Runaway Bay Shopping Centre
Betty's Burgers & Concrete Co, Surfers Paradise
Baskin Robbins, pacific Pines
Serendipity Espresso,Robina
The Industrial Café, Nerang
Cert III Business:
Stacks Variety Stores, Helensvale, Southport, Pacific Fair

Cert III Business (Administration):
Illusions Magic Show – Matt Hollywood, Sanctuary Cove

REDEMAKO SCHOOL BASED TRAINEESHIPS
Cert III Hospitality:
Michels Patisserie, Pacific Fair, Southport
Royal Thai Hut, Pacific Pines
Nandos, Mermaid Waters
Two Seasons Café, Broadbeach
Uncles Takeaways, Worongary
Dominos Pizza, Helensvale

Cert III Commercial Cookery:
Sunshine Grills, Nerang
Marinara Café & Restaurant, Hawthorne

Cert III Commercial Cookery:
Toscanis Café Bar and Restaurant, Robina
Royal Thai Hut, Pacific Pines
Marinara Café & Restaurant, Hawthorne

AUSTRALIAN RETAIL COLLEGE TRAINEESHIPS
Cert III Business:
Zarraffa’s, Burleigh
Pizza Hut, Helensvale
Baskin Robins, Mermaid Beach
Subway, Robina